



गुजरात केन्द्रीय विश्वविद्यालय

(भारत की संसद के अधिनियम सं. 25, 2009 के तहत स्थापित)

CENTRAL UNIVERSITY OF GUJARAT

(Established by an Act of Parliament of India, No 25 of 2009)

F.No.1-95/2015-Admn.

20/06/2020

Circular No. 17/2020-21

Sub: Celebration of International Day of Yoga-reg.

- Ref. 1 Ministry of Ayush. DO Letter dated 04/06/2020.
2 MHRD, DHE OM No. No. 16-1712018NS-1 dated 17/06/2020
3 UGC D.O. Letter No.F.14-13/2015(CPP-II) dated 18/06/2020
4 Approval of competent authority dated 20/06/2020

"On the occasion of Celebration of International Yoga Day - 2020 (IDY) following two programmes are going to be organized by the Central University of Gujarat:-

1. Online Training Session will be carried out on June 21, 2020 from 07:00 a.m. to 7:45a.m. from Sector 29 campus, which will be live on CUG facebook. All the faculty members, officers, staff and students may undertake the same practice at their home along with their family members. During the practice session all the practitioners may take the photographs and may forward it to the mail Id: yogaclub@cug.ac.in for further submission to UGC portal.
2. An online essay competition on the topic of "Stress management during COVID 19 pandemic: "Role of Yoga" will be organized for the students. Information related to essay competition will be uploaded to CUG website and students will be asked to submit their essay on above mentioned mail Id. After evaluation three prizes (1st, 2nd and 3rd) will be given to the students.

All the faculty members, officers, staff members and students are requested to participate in the programmes to celebrate IDY 2020 with the slogan of Yoga at home and Yoga with family.

Sd/xxx
Registrar (Offg.)

Encl: as above

Copy to:

1. All Deans (By email)
2. DSW (By email)
3. Provost (By email)
4. Proctor (By email)
5. FO (Offg.) (By email)
6. CoE (Offg.) (By email)
7. All DRs/ARs (By email)
8. Estate Officer (By email)
9. All Chairpersons/Coordinators of Centre (By Email)
10. All Teaching and Non-Teaching Staff (By Email)
11. ICT Chairperson – **with a request to upload this circular on the University website and kindly arrange to provide necessary arrangements for Celebration of IYD 2020.**
12. Office of the DSW – **Kindly this circular may be sent to all Students**
13. Professor I/C Library (By email)
14. All Wardens (By email)
15. PA to VC – **for kind information of the Hon'ble Vice Chancellor**
16. Finance & Accounts Dept. (By email)
17. Admission & Evaluation Dept. (By email)
18. Academic and Authorities Section
19. Estate Department
20. All Notice Boards, Sec-29 & 30 Campus
21. Circular file
22. Guard File

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