

No. 16-17/2018 NS-1
Government of India
Ministry of Human Resource Development
Department of Higher Education
Scholarship Division

2nd Floor, Wing-6, West Block-1, R.K. Puram,
New Delhi-110 066
Dated the 17th June, 2020

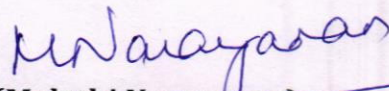
OFFICE MEMORANDUM

Sub:- Celebration of International Day of Yoga, 2020- reg.

The undersigned is directed to refer to Ministry of Ayush's DO letter no. 16011/42/2019-YN dated 04.06.2020 (copy attached) regarding the wide publicity for celebrating the International Day of Yoga (**IDY**) on 21.06.2020. A brief of the contents of DO letter is as follows:-

- i. Due to current pandemic the observation of IDY needs to be re-purposed with focus on social-distancing as no mass gathering is possible.
 - ii. People may be encouraged to pursue Yoga from their home for building immunity and relief from stress.
 - iii. Extensive use of social media platforms like You Tube, Facebook, Twitter, Instagram etc. may be made to facilitate online participation from the people.
 - iv. For celebrating IDY Common Yoga Protocol (CYD) Drill may be joined on 21.06.2020 at 7 am, which is a 45 minutes Yoga Protocol developed by accomplished Yoga experts. Complete details regarding this will be available on Ministry of Ayush's Social Media Platforms.
 - v. Internal guidelines may be issued to schools, colleges and universities to motivate teachers to use online platforms to encourage the Youth and activities like lectures, workshops and online training sessions may be organized.
 - vi. Usage of Diksha Platform as a dedicated Yoga channel.
2. All Bureau Heads may like to write to Educational Institutions under their purview to prioritize the activities mentioned above and provide a reporting template to all the institutions for recording participation on the final day.

Encl:- As above.


(Malathi Narayanan)
Deputy Secretary (Scholarship)
01126172932

To

1. AS (TE)
2. JS (IISER)
3. ADG (Statistics)
4. JS (Admin)
5. JS (P & ICC)
6. JS (Management & Language)
7. JS (CU)
8. DS (U.5)
9. DS (CDN)

Copy To:- The Secretary, Ministry of AYUSH, Ayush Bhawan, B-Block, GPO Complex, INA,
New Delhi- 110023