

ETHICS, HUMAN VALUES AND PERSONALITY DEVELOPMENT

Objectives of the Course:

. The objectives of this course is to inculcate human values and professional ethics among the young students

- (1) To reinstate the rich cultural legacy and human values of which we are the custodians.
- (2) To focus on professional ethics which are broader indicators of desirable actions vis-à-vis undesirable actions.
- (3) To lay down broader guidelines of values and ethics for internal and external stakeholders.
- (4) To suggest operational guidelines for value-based and ethical practices in the higher educational institutions leading to implementation and monitoring
- (5) To indicate the outcomes of creating a value-based and ethical culture in human life .

The first and foremost outcome of this endeavour is to create institutions with the ether of values and ethics. Each of the physical infrastructure, psychological infrastructure, knowledge infrastructure and financial infrastructure needs to be glowing with values and ethical practices. It is crucial to have the big things at place but it is also important to have the smallest things at the place. To create such an environment, following systems need to be created: (1) The learning process for holistic development (2) Impeccable governance.

UNIT 1: HUMAN VALUES

- Value education-Definition, Purpose and Significance in the present world – Value system
- The role of culture and civilization-Holistic living,
- Balancing the outer and inner – Body, Mind and Intellectual level- Duties and responsibilities
- Salient values for life- Purusharthas: Dharma, Artha, Kama, Moksha; truth, commitment, honesty and integrity, forgiveness and love, empathy and ability to sacrifice, care, unity, and inclusiveness and the idea of Vasudeiva Kutumbakam (the whole world is one family)
- Environment and Ecological balance – interdependence of all beings – living and non-living. The binding of man and nature – Environment conservation and enrichment
- National Integration, Peace and non-violence – Dr. A P J Kalam’s ten points for enlightened citizenship – Social Values and Welfare of the citizen –

UNIT 2 ETHICS

Introduction to Ethics

- Definition of Ethics: Character and conduct; Relation of Ethics with Psychology, Sociology and Politics
- Development of Morality - the level of instinct - the level of custom - the level of conscience
- Relative, Subjective and Naturalistic theories of the Moral standard - absolute and relative ethics- the standard as subjective - non-subjective naturalism- the naturalistic fallacy.

The Nature and Scope of Applied Ethics.

- Physical and Mental Health: The importance and cultivation of physical and mental health.

- Alcoholic and other Narcotic Drugs - Their Impact on Physical and Mental Health, Medicines Vs Nature Cure.

Professional and Academic Ethics

- Intellectual Property Right, Plagiarism and Unfair Means
- Ethics for Teachers and Students. Problems of Students and solutions.
- Social Evils – Corruption, Cybercrime, Terrorism – Alcoholism, Drug addiction – Dowry – Domestic violence – untouchability – female infanticide – atrocities against women

Unit III Personality Development

- Self-Analysis: Who am I, Attributes, Importance of Self Confidence , Self Esteem
- Creativity: Out of box thinking, Lateral Thinking
- Attitude: Factors influencing Attitude, Challenges and lessons from Attitude, Etiquette
- Motivation: Factors of Motivation, Self-talk, Intrinsic and Extrinsic Motivators
- Goal Setting: Wish list, SMART Goals, Blue print for success, Short term, Long term, Life time goals
- Time Management: Value of Time, Diagnosing Time Management, Weekly planner, Prioritizing work.

Suggested Readings

- Tanu Shukla, Anupam Yadav & Gajendra Singh Chauhan (2017) ‘Human Values and Professional Ethics’ Cengage India Private Limited, New Delhi
- R. S. Naagarazan, (2006) ‘A Text Book on Professional Ethics and Human Values’ New Age International PVT. Ltd, New Delhi
- R.R. Gaur, R. Sangal & G.P. Bagaria (2010) ‘A Foundation Course in Human Values and Professional Ethics’ Excel Books, New Delhi
- A. Alavudeen, R. Kalil Rahman & M. Jayakumaran (2015), ‘Professional Ethics and Human Values’, Laxmi Publications, New Delhi
- Inspired Talks- Swami Vivekananda
- The Unity of India -Dr. Rajendra Prasad
- A N Tripathi Human Values 3Ed Paperback
- Michael Slote, Education and Human Values Reconciling Talent with an Ethics of Care- - Routledge
- Human Values New Essays on Ethics and Natural Law : Editors: Oderberg, D., Chappell, T. (Eds.)
- वेदों में पर्यावरणीय चेतना (Environmental Consciousness in Vedas) - Dr. Upendra Kumar Tripathi
- Sant-Vani - Hindi Edition - Hanuman Prasad Poddar