

NSS Activities 2018-19

Introduction

The National Service Scheme (NSS) is an Indian government-sponsored public service programme. It works under the aegis of Ministry of Youth Affairs and Sports of the Government of India. Currently, NSS has more than 3.2 million student volunteers on its roll spread over 298 Universities and 42 (+2) Senior Secondary Councils and Directorate of Vocational Education all over the country. As per the direction of the Ministry, the programme is being implemented in our University since academic year 2017-18.

Objectives

The main objectives of NSS are:

- understand the community in which they work
- understand themselves in relation to their community
- identify the needs and problems of the community and involve them in problem-solving
- develop among themselves a sense of social and civic responsibility
- utilise their knowledge in finding practical solutions to individual and community problems
- develop competence required for group-living and sharing of responsibilities
- gain skills in mobilising community participation
- acquire leadership qualities and democratic attitudes
- develop capacity to meet emergencies and natural disasters and
- practice national integration and social harmony

Organizational Structure

Advisory Committee is the highest decision-making body of NSS, CUG. Hon'ble Vice Chancellor is the ex-officio Chairperson of the Advisory Committee. Regional Director (NSS), Director of Education (Government of Gujarat), State NSS Officer (Government of Gujarat), Registrar (CUG), DSW (CUG), Finance Officer (CUG) are ex-officio member of this body. Other Members of the Advisory Committee includes- Prof. Alok Gupta (Coordinator, NSS CUG), Dr. Rajneesh Kumar Gupta (Nodal Officer, NSS, CUG), Dr. Litty Denis, Dr. Dheeraj Rathore, Dr. Manu Sharma and Mr. Nirav Patel.

Volunteer Strength

The sanctioned strength of NSS to our university is 2 units. As one unit consists 100 volunteers, we can enroll up to 200 volunteers.

NSS Activities

Activities of NSS are broadly divided in two categories- Regular Activities and Special Camp. NSS works throughout the year and committed volunteers of NSS devotes their time and energy for the cause of the society and nation.

- a. **Regular Activities-** In past one-year NSS, CUG conducted a range of activities concerning to health, sanitation, environment, disaster management, national integration and so on.

Health was one of the focus areas of our activities. As WHO defines- 'Health is a state of complete physical, mental, and social well-being, not merely the absence of disease or infirmity'. Accordingly, our emphasis was on the overall health and to attain this we organized Workshop on 'Healthy Campus Initiative' on 4 April 2018 and Talk on 'Stress Management' on 10 September 2018. To promote Indian system of medication NSS in collaboration with Yoga club organized Health camp on 7 May 2018 and 14

February 2019. NSS was also an integral component of 'Yoga Day Celebration' of university. Further, we participated in Blood Donation Camps organized by Raj Bhavan (Governor's House) on 9 August 2018 and 2 February 2019.

Sanitation is a necessary condition for health and one of the core areas of the work of NSS through *Shramdaan*. We are making efforts to shape the idea of *Swachhata* - a *Jan Andolan* as visualized by honourable Prime Minister in his speech. NSS observed 'Swachhata Hi Seva' Pakhwada during 1-15 August 2018 and 15 September-2 October 2018. Further, we conducted Swachhata Activities from 28 March to 30 March 2019. As a part of Swachhata activities One-Day Workshop was organized on 29 March 2019 with Dr. Darshanaben Joshi, State NSS Officer as Chief Guest. Cleanliness drive through *Shramdaan* were carried out in hostels, university premises, neighbourhood and adopted village. Our volunteers also conducted 'Swachhata Abhiyaan' in the historical sites of Champaner- Pavagarh on 30 September 2018 in collaboration with Archeological Survey of India (ASI), Vadodara region.

Mindless exploitation of resources has created severe **environmental** problems. Goals of sustainable development can't be achieved without protecting our environment and biodiversity. With this wisdom NSS, CUG took several initiatives, such as celebration of World Environment Day (5 June 2018), World Sparrow Day (20 March 2019) and Plantation Drive (30 July 2018). In view of protecting birds in the summer season we have installed artificial nests and water pots in both campuses of the university. NSS volunteers take care of day to days requirement of water and grains for those birds.

Help in relief and rescue operations during natural or man-made **calamities** is integral part of the activities of NSS. In August 2018 Kerala suffered disastrous flood affecting millions of the people. Under the able guidance of Prof. S.A. Bari, hon'ble Vice Chancellor and Prof. Alok Gupta, Coordinator NSS, CUG our volunteers launched a collection drive to extended support to people of Kerala in the hour of crisis. We sent 100 relief packets containing 14 items [Biscuits, Soap, Band-Aid, Phenyl Liquid, Sanitary Pad, Mong Dal Namkeen, Dettol Liquid, Water Bottle, Mosquito coil, Stationery (Pencil, Rubber, Eraser), Antiseptic tube, Glucose, Match box and Blanket] and 22 boxes of other relief material. This relief material was distributed in Kerala through the NSS Cell of Central University of Kerala. Transportation cost of the relief material was paid by the university.

'Practice national integration and social harmony' are inbuilt in the aims and objectives of NSS. To attain this objective NSS celebrates national day, birth anniversaries of prominent personalities and other important occasions. In the year 2018-19 we celebrated- Birth Anniversary of Mahatma Gandhi, Swami Vivekananda, Sardar Vallabhbhai Patel and Pt. Deen Dayal Upadhyaya. To mark contribution of our defense forces 'Surgical Strike Day' was observed in the university and a visit was organized in Cantonment, Gandhinagar.

As nation is celebrating 150th birth anniversary of Mahatma Gandhi; NSS, CUG has decided to undertake all the activities from 2 October- 2018 to 2 October 2019 on the theme of "Celebrating 150th years of the Mahatma". NSS, CUG was part of Padyatra organized by Government of India in collaboration with Gujarat Government and several NGOs. Five NSS volunteers from CUG participated in this Padyatra.

b. Special Camp- A Seven-day residential camp in the village area is an essential component of NSS activities. This year the camp held in Amja village in Gandhinagar District from 27 February to 5 March 2019. Experiencing rural life and learning lessons of community spirit was the main objective of the camp. During the camp volunteers followed strict daily routine. As a part of camp activity, we conducted a survey on socio-economic status of the community besides observing pattern of rural livelihood through visiting potato farm, gaushala and interacting with local people. As an outcome of our volunteer's effort hundreds of the residents were able to- get gas cylinder through Ujjawala Yojana, enrolment in Ayushman Bharat Yojana, voter identity cards etc. We received an overwhelming response of village people and Gram Panchayat- Amja, Amja Kedvani Mandal and Nehru Yuva Kendra, Gandhinagar extended their full support to our activities. Amja Primary school offered accommodation to camping volunteers.

Dr. Rajneesh Kumar Gupta
Nodal Officer, NSS, CUG

Summary of Activities (1 April 2018-30 March 2019)

S. No.	Activity	Date/Duration	Remarks
1	Healthy Campus Initiative	4 April 2018	In collaboration with MA in Social Work Programme (CUG)
2	Health Consultation Camp through Indian Medical System	7 May 2018	In collaboration with Yoga Club, CUG
3	World Environment Day	5 June 2018	In collaboration with SESD, CUG
4	World Yoga Day	21 June 2018	In collaboration with Yoga Club, CUG
5	Plantation Drive	30 July 2018	
6	Swachhata Pakhwada	1-15 August 2018	
7	Blood Donation Camp	9 August 2018	Organized by Governor's House, Gandhinagar
8	Kerala Flood Relief Measures	20-25 August 2018	
9	Suicide Prevention Day	10 September 2018	Talk on Stress Management
10	Swachhata Hi Seva	24 September-2 October 2018	
11	Birth Anniversary of Pt. Deen Dayal Upadhyaya	25 September 2018	
12	Observance of Surgical Strike Day	24-29 September 2018	In collaboration with SNSS, CUG
13	Birth Anniversary Celebration of Mahatma Gandhi	2 October 2018	
14	Rashtriya Ekta Divas	31 October 2018	In collaboration with EBSB, CUG
15	Orientation Programme	31 October 2018	
16	National Youth Day	12 January 2019	
17	National Seminar on 'Journey of Youth- 2019'	19 January 2019	Organized by S.V.Vanijya Mahavidyalaya, Ahmedabad
18	Padyatra as a part of 150 th birth anniversary celebration of Mahatma Gandhi	20-22 January 2019	Organized by Government of India
19	National Voter's Day	25 January 2019	
20	Blood Donation	2 February 2019	Organized by Governor's House, Gandhinagar
21	Niddan Saarvar	14 February 2019	In collaboration with Yoga Club, CUG
22	Collection Drive for CRPF Martyr's	17-23 February 2019	
23	Annual Camp	27 February- 5 March 2019	
24	World Sparrow Day Celebration	20 March 2019	
25	Activities on Swachhata	28-30 March 2019	



Relief Work



Regular Activities





Annual Camp