



गुजरात केन्द्रीय विश्वविद्यालय  
(भारत की संसद के अधिनियम सं. 25, 2009 के तहत स्थापित)  
**CENTRAL UNIVERSITY OF GUJARAT**  
(Established by an Act of Parliament of India, No 25 of 2009)



Date: 21 June 2019

## **Activity Report**

### **Celebration of International Day of Yoga**

National Service Scheme (NSS) and Yoga Club jointly organized various activities on International Day of Yoga. Weeks before the actual celebration training sessions were conducted in the campus to train people in Yoga as per protocol of the International Day of Yoga. On 21 June an exhibition was displayed in Sector-29 campus of the university on different yoga asans, their scientific explanations and health benefits. On 21 January a total 80 participants practiced yoga as per protocol.

**Photographs of the event are enclosed.**

Dr. Rajneesh K. Gupta  
(Nodal Officer, NSS)

## Photographs of the Event





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